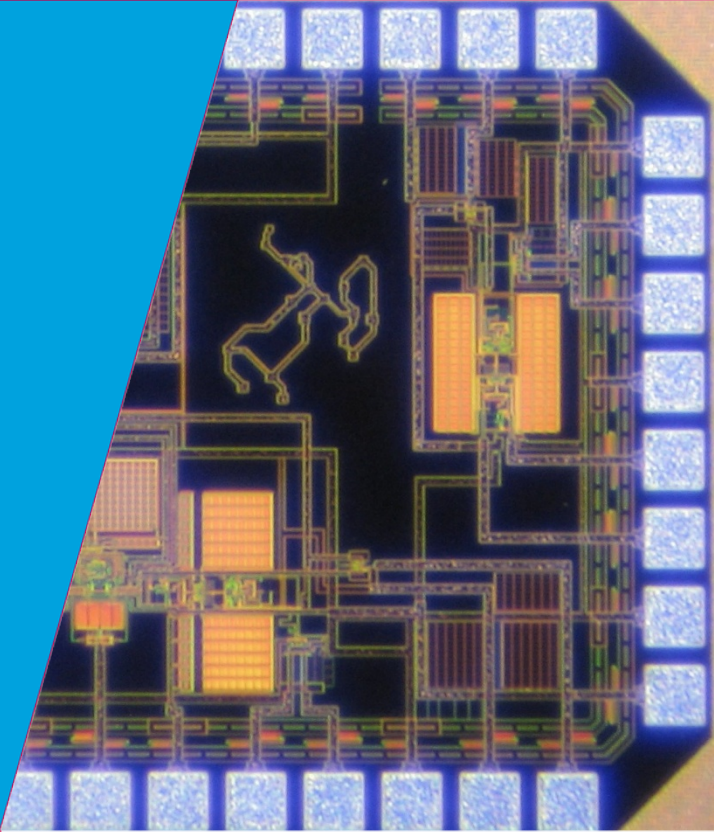


When to wake up?

Low power Wake-Up Receiver Design

Maarten Lont



TU / **e**

CWTe

Centre for Wireless Technology Eindhoven

Where innovation starts

Outline

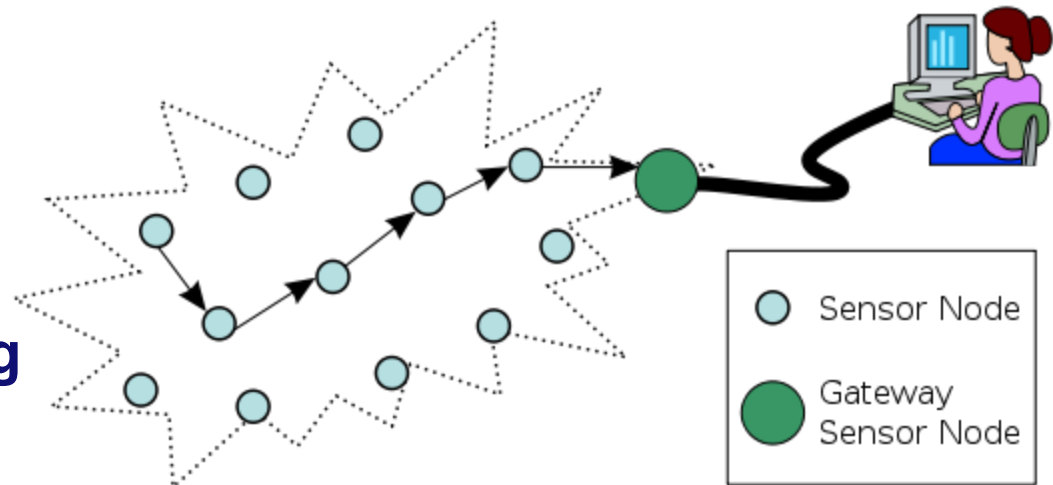
- **Wireless Sensor Networks**
- **Network Synchronization**
- **Wake-up Receiver Design**
- **Results WURx Version 1**
- **WURx Version 2**
- **Conclusions**

Wireless Sensor Networks

- A number of sensor nodes work together to collect and process information
- Biggest challenge → Power consumption

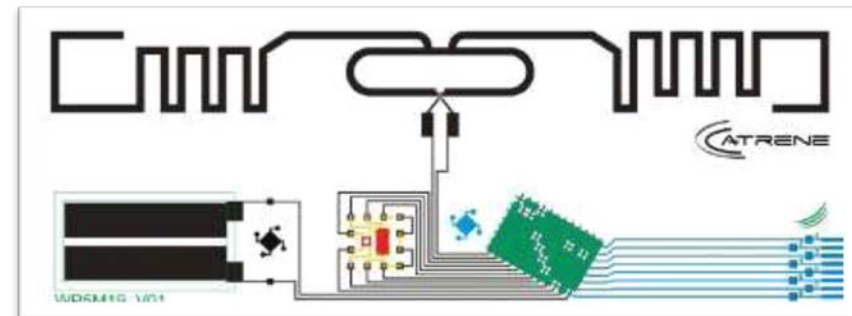
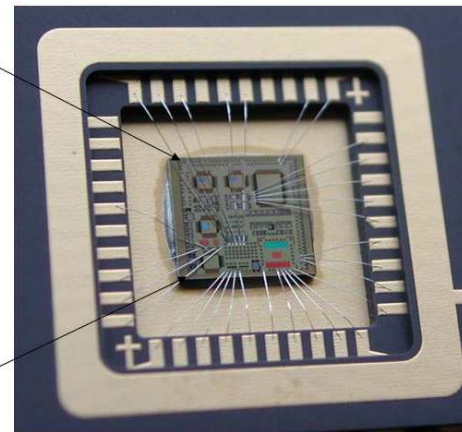
- Applications

- Healthcare
- Condition monitoring
- Home automation
- Military
- ...



Sensor Network Example (Pasteur)

- Supply chain monitoring of perishables
- Many companies/universities involved
- Wirelessly monitor
 - Temperature, Humidity, pH, O₂, CO₂, Ethylene
- Challenge:
 - Passive RFID -> Range
 - **Could we do active RFID?**



<http://pasteur-project.info>

Wireless Sensor Networks

Many types of sensor networks

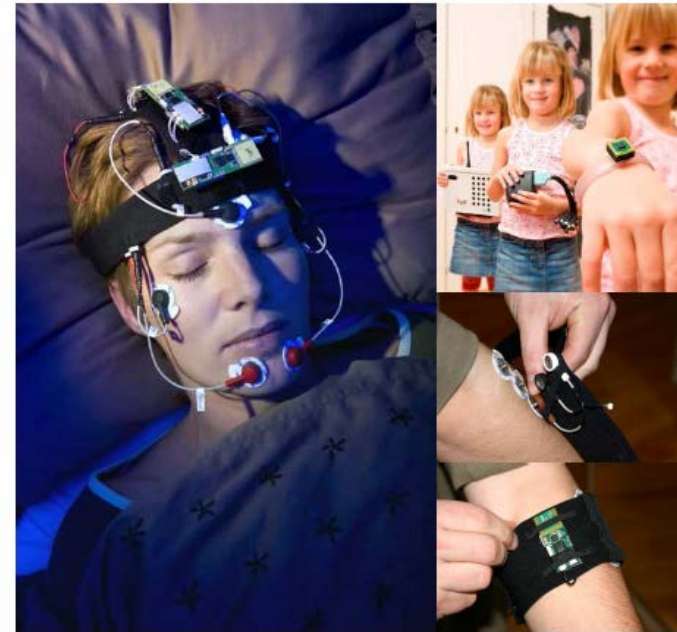
- **Short distance / Long distance**
 - Long distance: Multi-hop
- **Symmetric / Asymmetric**
 - Are all the nodes equal? Is there a master node with more power and processing?
- **Packet rate and latency**

One solution is not optimal for every situation

- **Choose application type**

Wireless Body Area Network

- **New application of WSNs**
 - **Wearable sensors**
 - **Implantable medical devices**
 - **Swallowable sensors**
 - **Implantable sensors**
 - **Wellness / Fitness sensors**
 - **Baby care**
 - ...



Wireless EEG, ECG, EMG and EOG monitoring



Msm TU/e

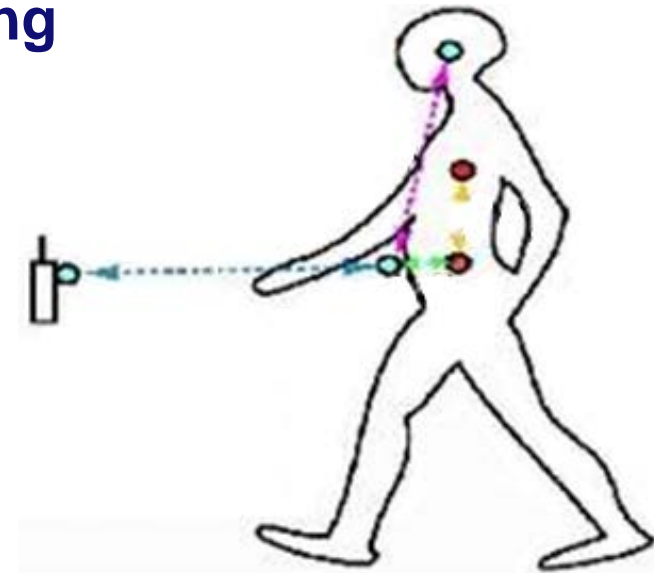
Wireless ECG patch



Wireless ECG, respiration, Skin Temperature and Skin conductance monitoring

Wireless Body Area Networks

- **Short distance $< 10\text{m}$**
- **Asymmetric network**
 - **Master node: high power, synchronisation**
 - **Sensor node: low power, less processing**
- **We will focus on the receiver**
 - **Node knows when to transmit**
 - transmitter only on when needed
 - **When does the node need to wake up?**

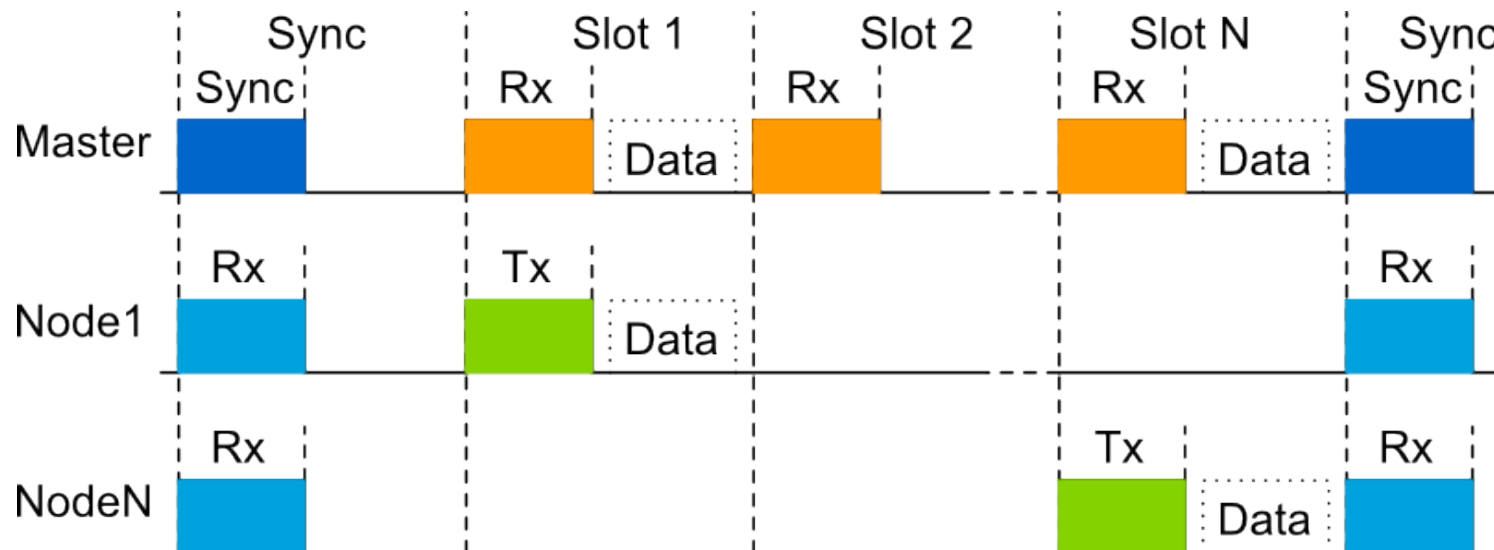


Network synchronisation

- **Sensor node in deep sleep to save energy**
- **Synchronized before transmission**
- **Synchronous network:**
 - Node “knows” when to wake up
- **Asynchronous network:**
 - Node wakes up often to listen for wake-up call
 - Only synchronize before transmission

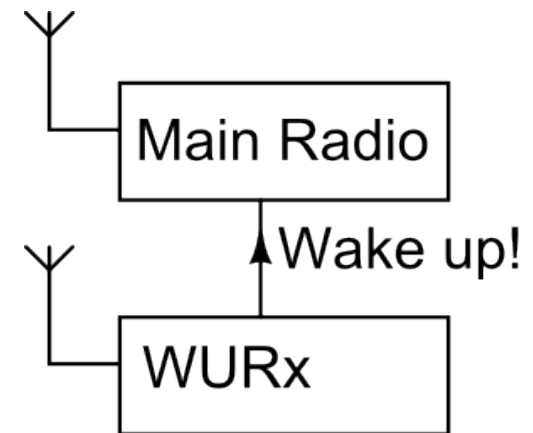
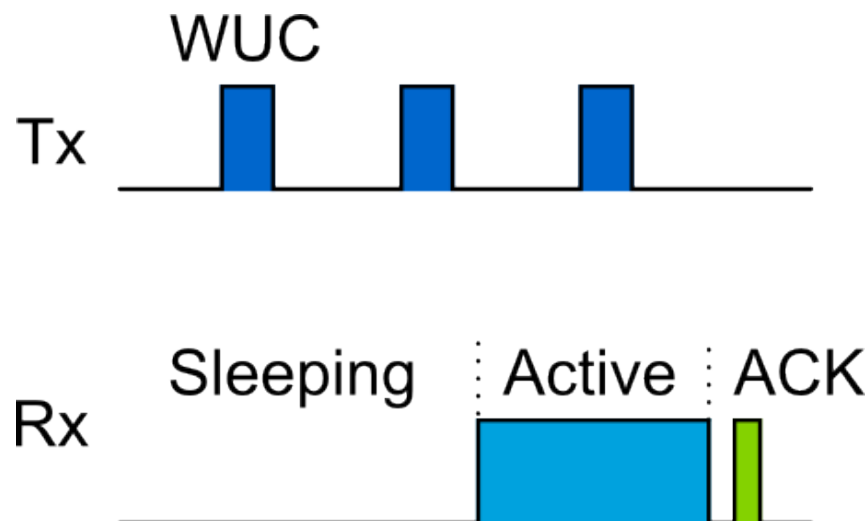
Synchronous network (TDMA)

- Master transmits synchronization beacons
- Network is always synchronized (overhead)
- Receiver “knows” when to listen to beacon



Asynchronous network (X-MAC)

- Master transmits wake-up calls until receiver sends an acknowledge
- Only synchronized when transmitting data
- Receiver is duty-cycled & low power
 - Wake-up Receiver (**WURx**)



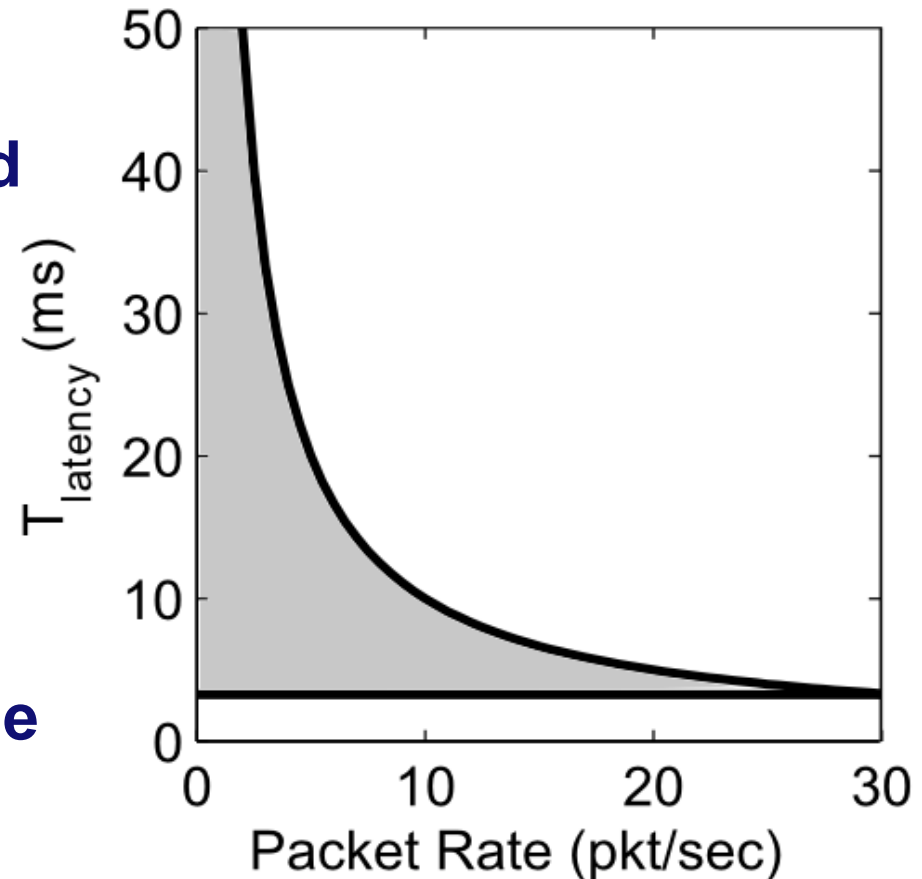
Synchronization overhead

Packet rate:

- Low: large sync. overhead
- High: node never sleeps

Low Latency:

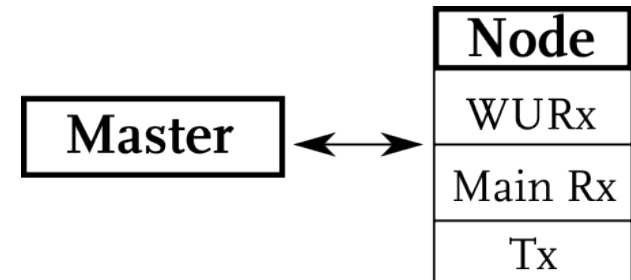
- Node has to react very quickly
- Can not use low duty cycle



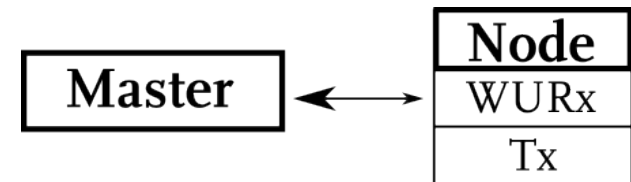
WURx: low latency / low packet rate

WURx Scenarios

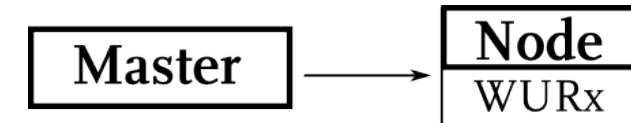
- Multimedia, ECG, etc.
- WURx can't handle bit rate
- Main Rx needed



- Active RFID
- Low bit rate
- WURx receives payload

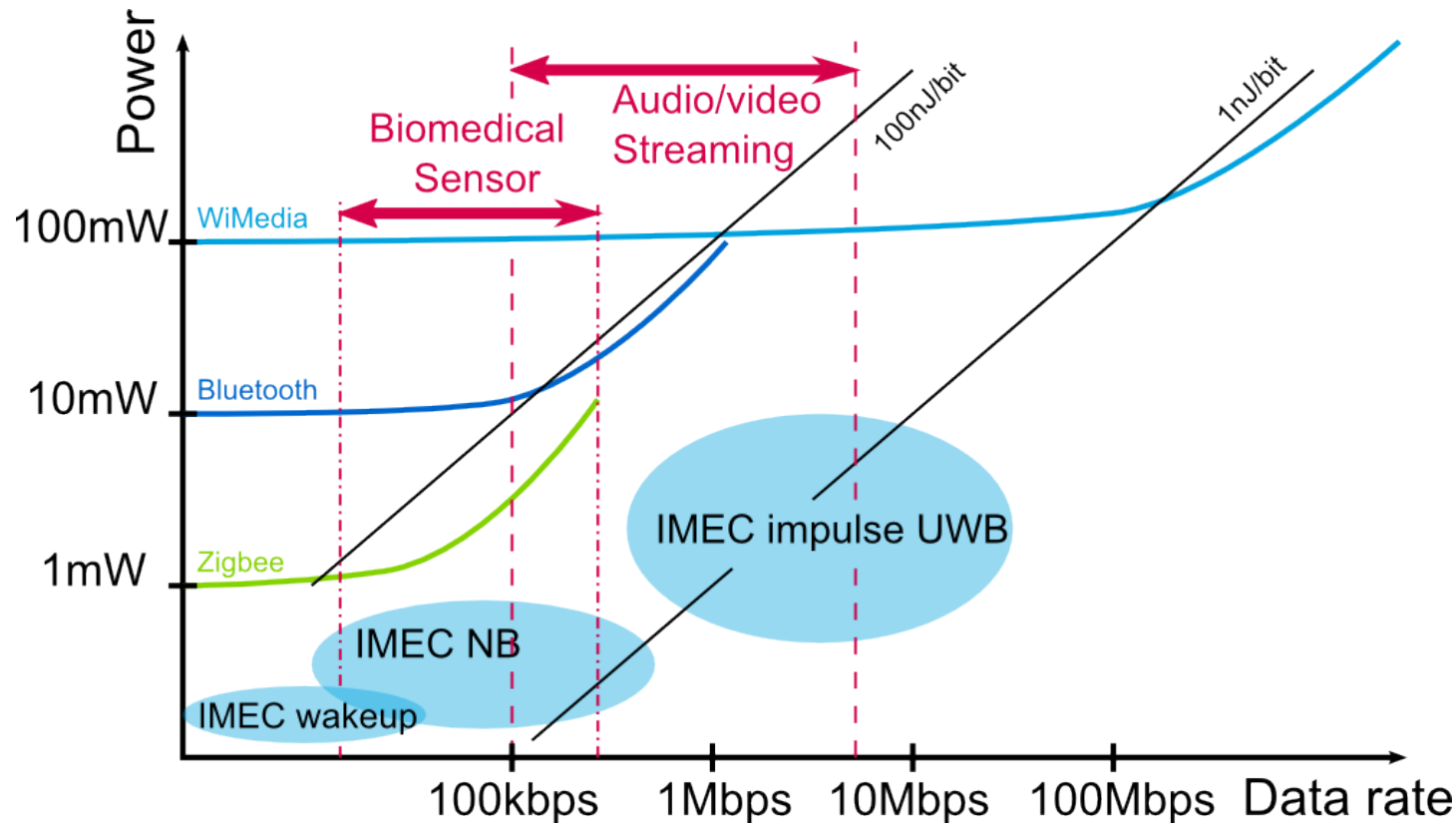


- Remote control
- One-way communication



WURx Power Consumption

- Asymmetric / Asynchronous network
- Wake-up Receiver takes care of the wake-up



WURx specifications

- **Low power consumption**

- 100 – 200 μ W

- **Small distance < 10 m**

- Low path loss

- **Asymmetric**

- Large transmit power

- **Low bit rate (only receive wake-up call)**

- $R_b < 50$ kbps



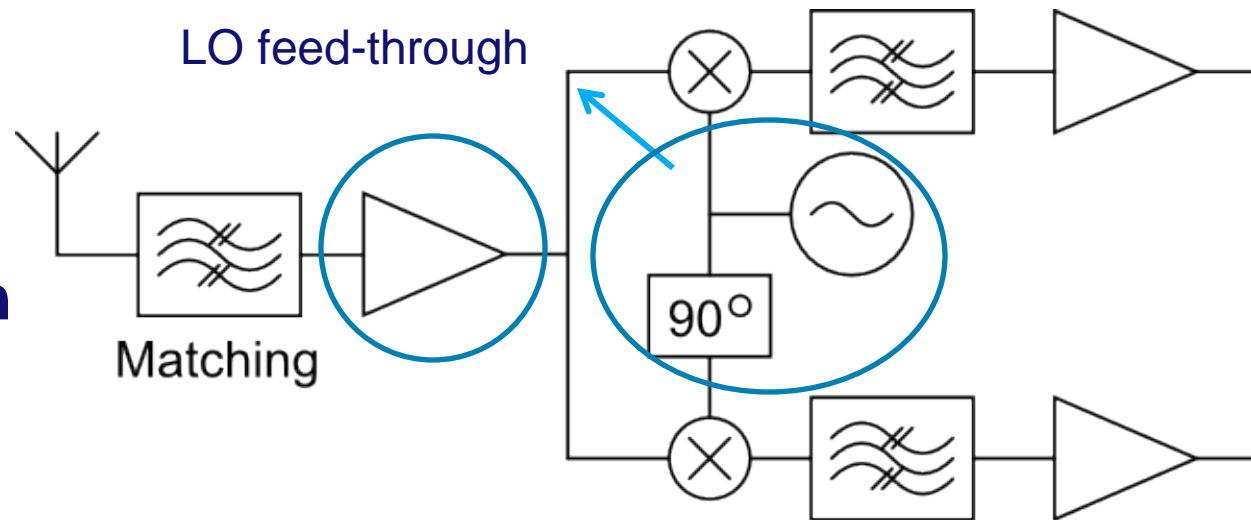
**Low sensitivity
-70dBm**

Receiver Design - Modulation

- Often listen without data present
 - Average power is important
 - nJ/bit less important
- Low complexity modulation: OOK / FSK
- OOK
 - Can use low power envelope detector
 - Sensitive to fading and interferers
- FSK
 - No information in amplitude, use limiter
 - Less sensitive to fading

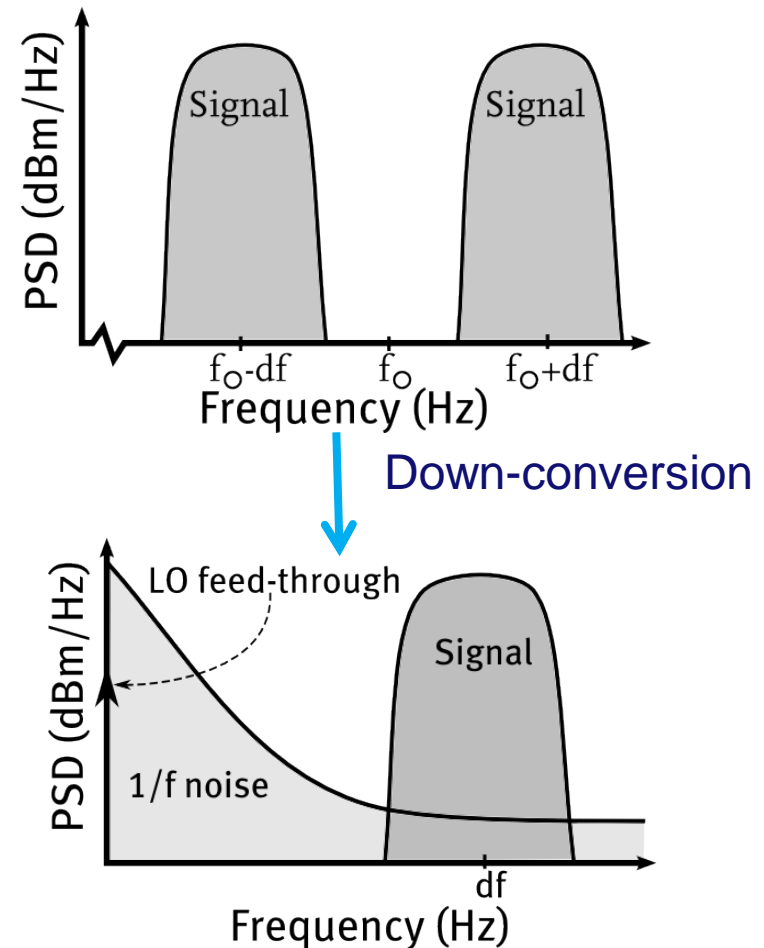
Zero-IF architecture

- **Power consumption**
 - High frequency gain (LNA)
 - Local Oscillator
- **Challenges**
 - LO feed-through
 - 1/f Noise



Wide-band FSK

- **Wideband:** $df \gg R_b$ (bit rate)
- **Not bandwidth efficient**
- **Signal mostly around $f_0 \pm df$**
- **Signal at df not round DC**
 - Filter $1/f$ noise
 - Remove LO feed-through



LNA Less Receiver

- **Short distance + Large transmit power**
 - Low sensitivity / high noise figure
- **Remove LNA**
- **Create gain at low frequency**
 - **Lower power consumption**
- **Match antenna to the mixer**

Low Power Oscillator

- Phase noise is an important design constraint

- Leeson: $\mathcal{L}(\Delta\omega) = \frac{F}{P_{sig}} \left(\frac{\omega_0}{2Q\Delta\omega} \right)^2$

- Trade-off between **power** and **phase noise**

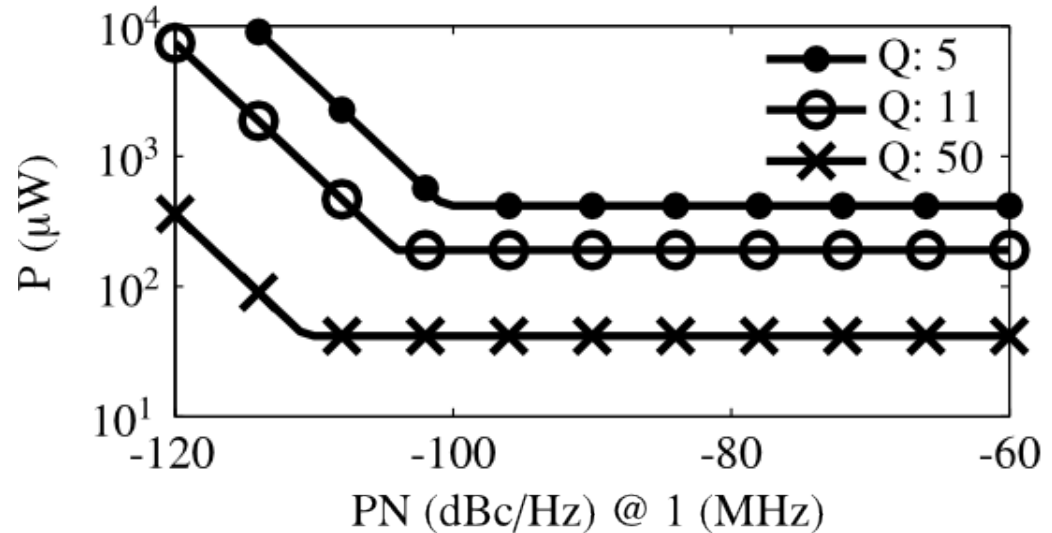
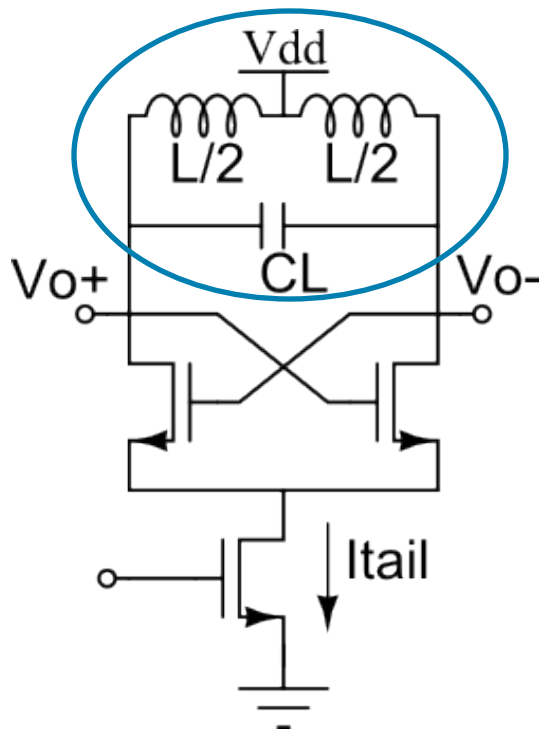
- Decrease power -> increase phase noise

- Different oscillator types

- LC oscillator
- Ring oscillator

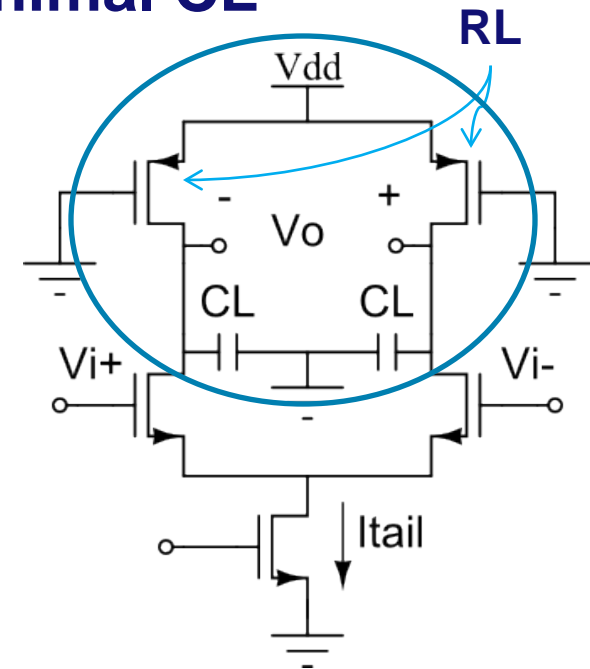
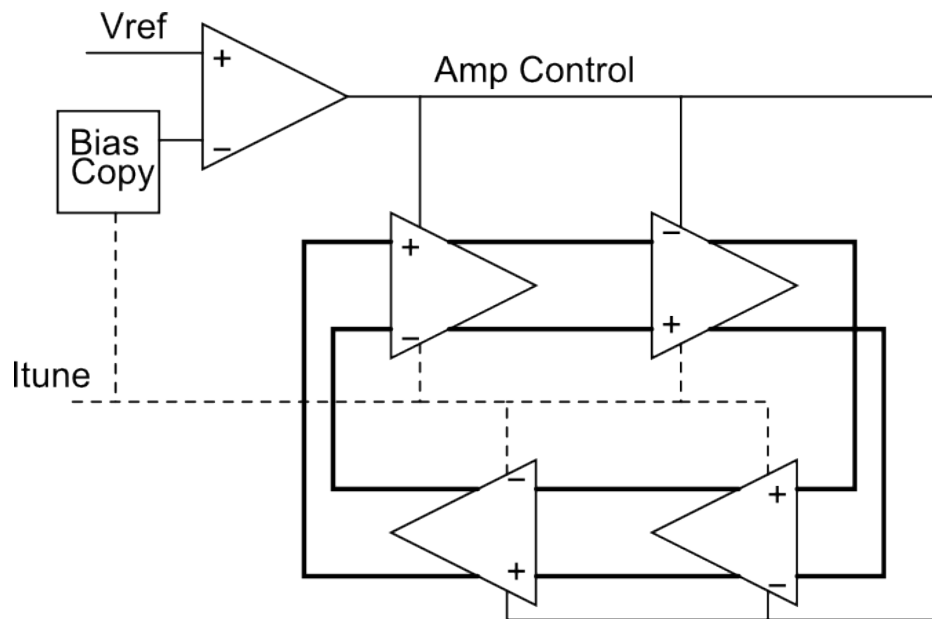
Low Power Oscillator - LC

- Tuned tank
- Power needed to compensate tank losses
- Power limited by maximal Q (loss) & L



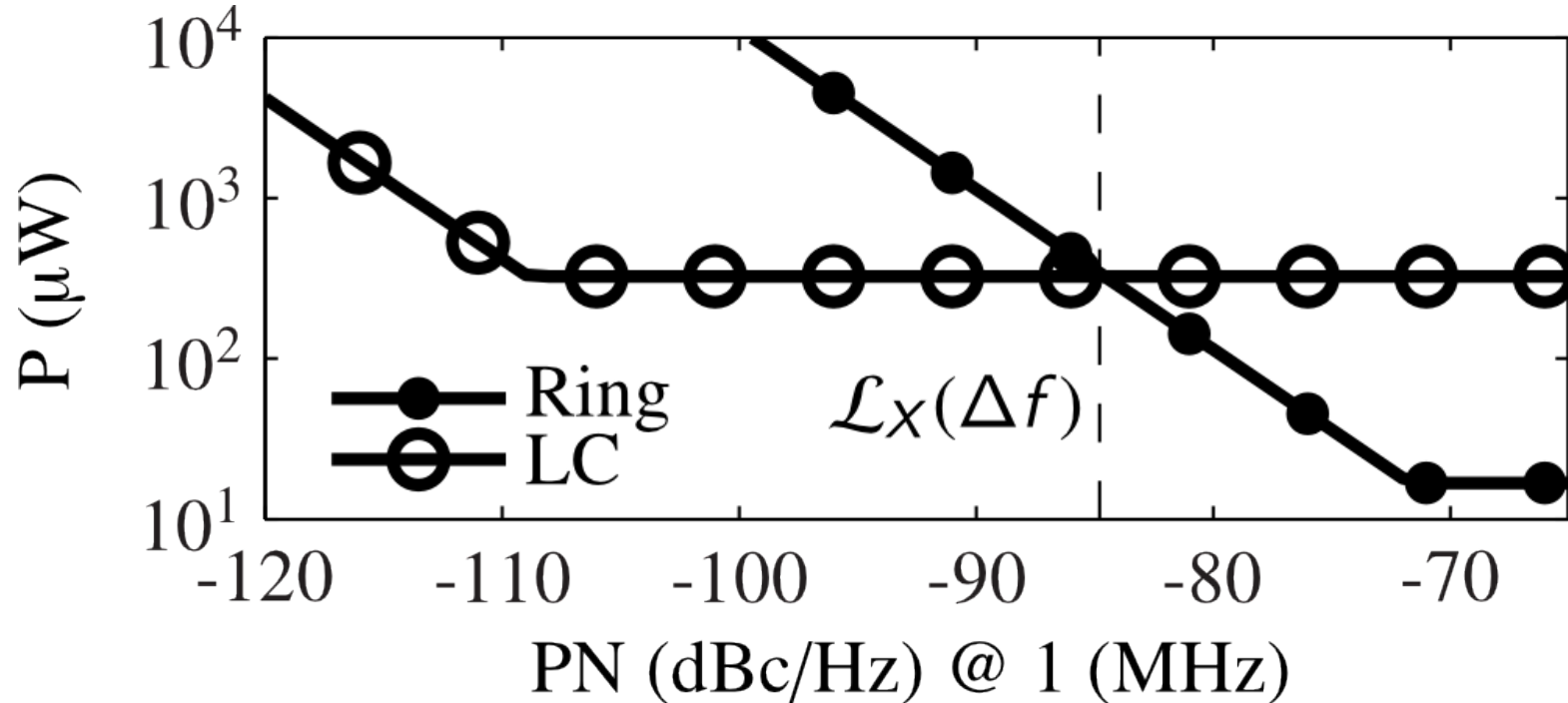
Low Power Oscillator - Ring

- Series (ring) of amplifiers, gain $\sim RL$
- Frequency sensitive to V_{dd} , Temp, ...
- Power limited by maximal RL / minimal CL



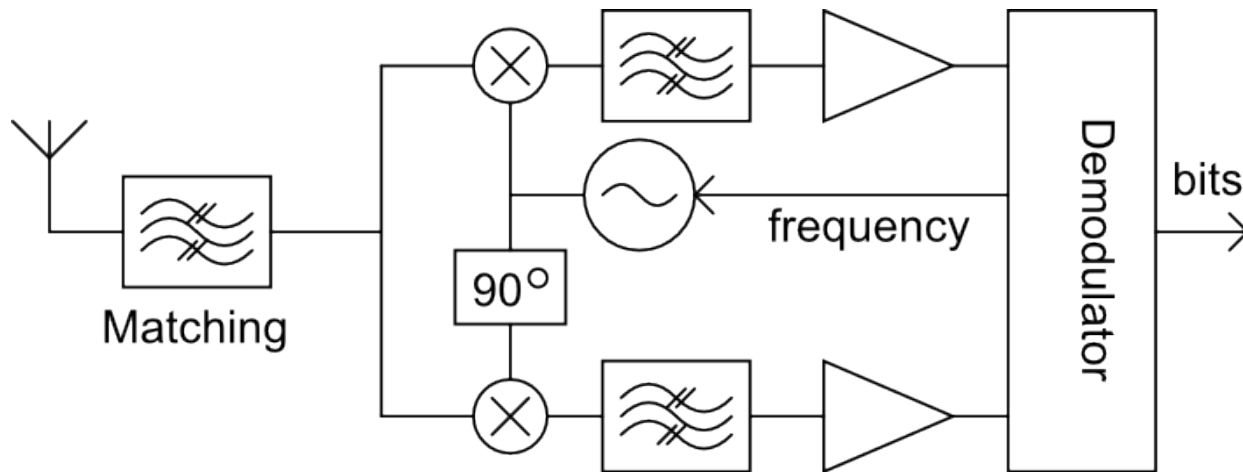
Low Power Oscillator

- Higher Phase Noise – Less Power
- Technology limits lower power limit



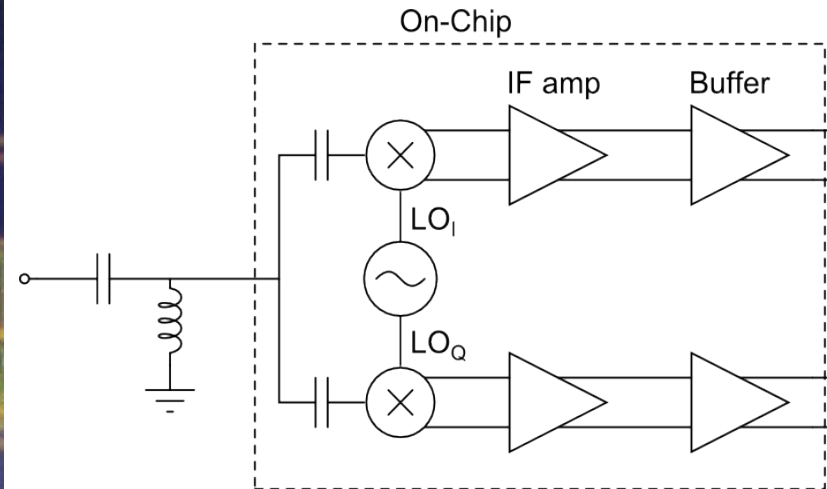
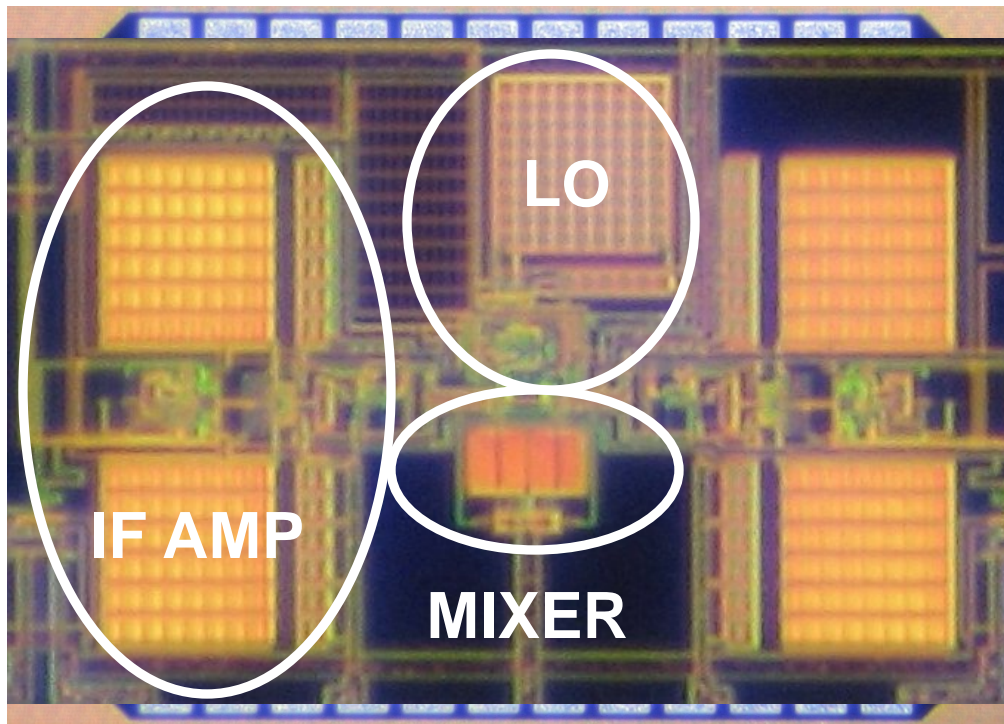
Frequency instability

- Frequency of ring oscillator is sensitive
 - Supply voltage
 - Temperature
- Frequency offset at output of demodulator
- Use frequency feedback



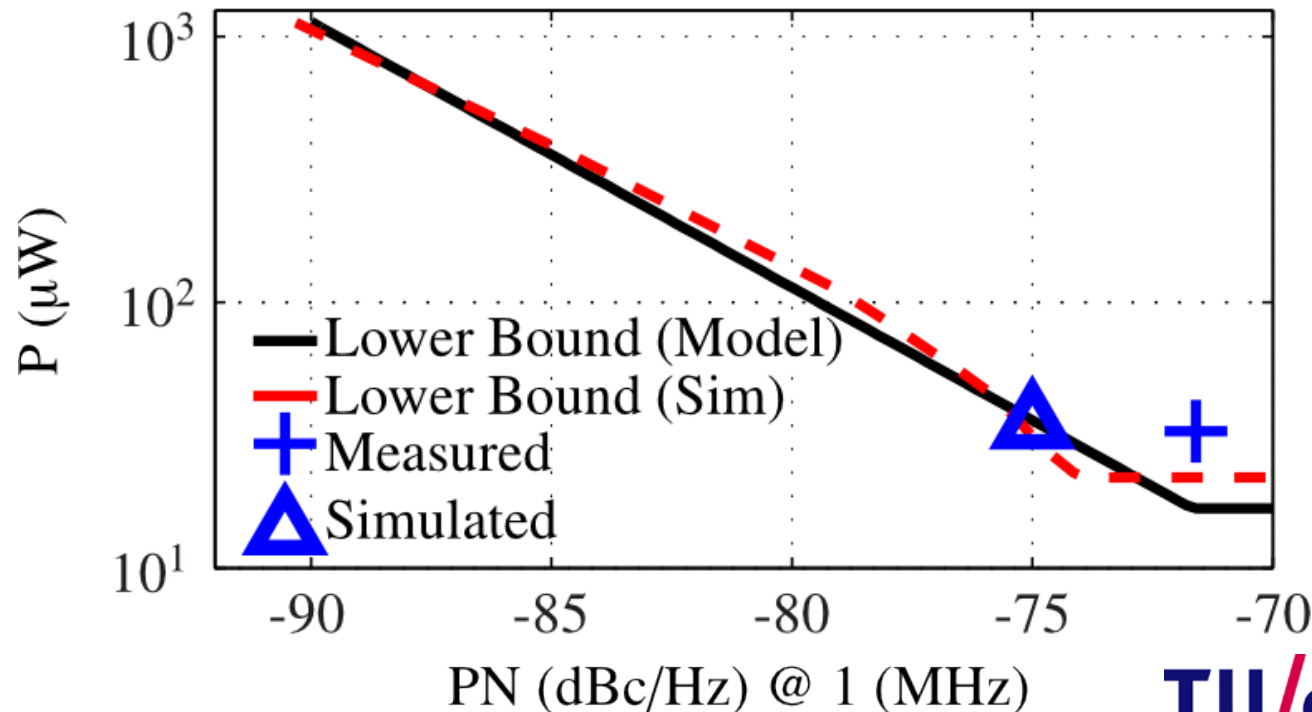
Measurement Results (Version 1)

- Taped-out mixer first design in 90nm CMOS
- Demonstrate mixer-first approach



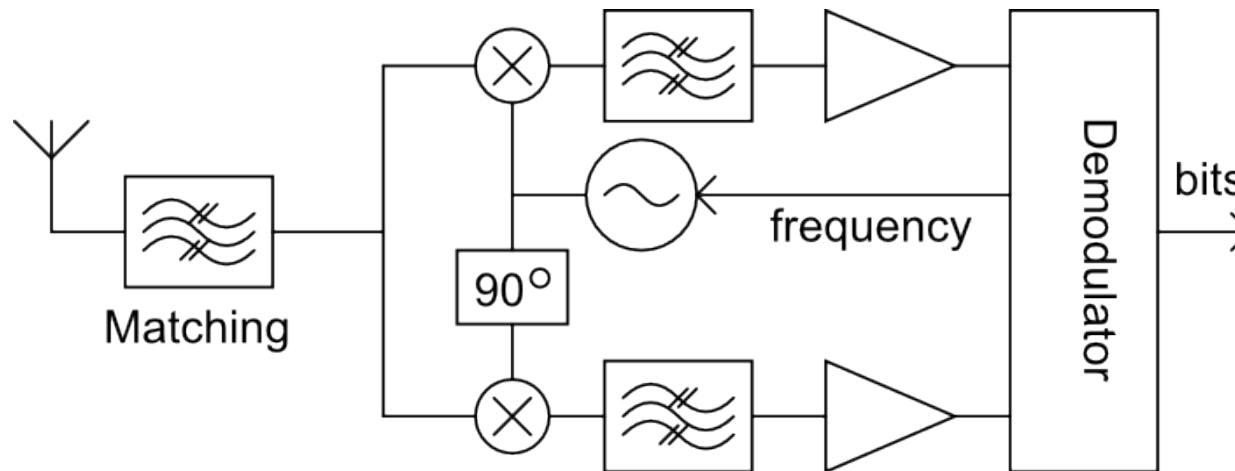
Oscillator (Version 1)

- Phase Noise higher than expected
 - Limits BER to 0.1%
- Low power oscillator: 40uW



WURx Version 2

- **Goal:**
 - **Close the frequency feedback loop**
 - **Track frequency drift**
 - **Demonstrate low power stable local oscillator**



Comparison

	Zigbee	WURx V1	WURx V2 (SIM)
Power (uW)	±50.000	132	230
Bit Rate (kbps)	250	<50	<50
PN (dBc/Hz @ 1MHz)	< -88	-72	< -80.2
Tuning (MHz)	868-915-2400	350 - 1100	868 - 915
IIP3 (Linearity)	> -40 dBm	-21 dBm	-23.8 dBm
Sensitivity (dBm)	± -90	-65	< -75

Conclusions

- **One solution not optimal for every problem**
 - **Optimize power for application**
- **Small scale networks (like BAN)**
 - **Short distance**
 - **Asymmetric**
- **WURx**
 - **Low peak power - nJ/bit less important**
 - **Mixer-first is possible**

WURx (Version 2)

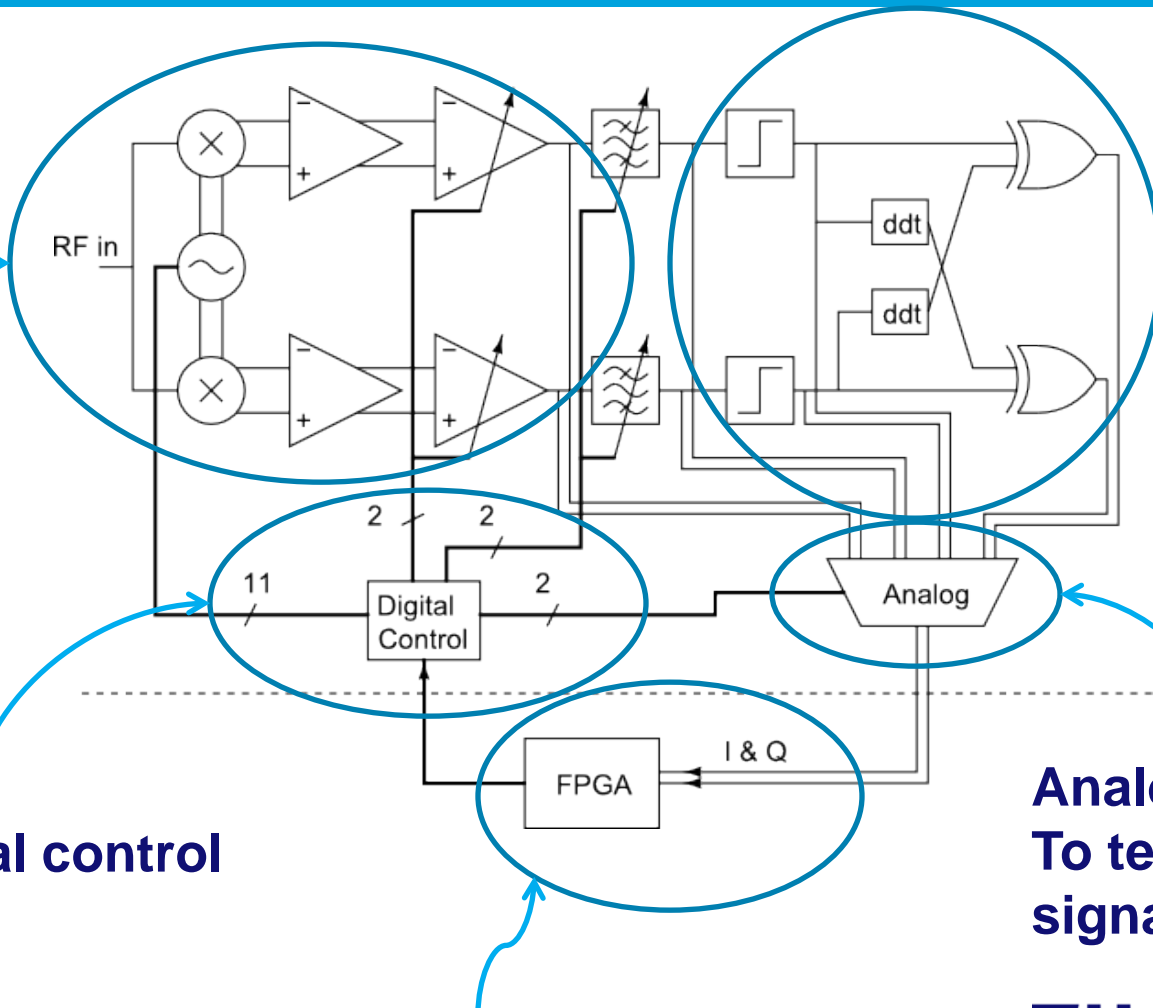
Analog front-end

On-chip FSK demodulator

JTAG digital control

Analog MUX
To test internal signals

Off-chip frequency control loop



WURx Version 2

- **Goal:**
 - **Close the frequency feedback loop**
 - **Demonstrate low power stable local oscillator**

