#1 point of contact for any question

**My studies**

- Study Choice Advisor
- Skills Lab
- Peer support platform
- Info about circumstances
- Language Center
- Student Mentor
- Study Association
- Career Academy
- Education & Student Affairs
- TINT

**My social life**

- Academic Advisor
- On Campus Security
- Police
- Social Safety Support Guide
- Ombuds for students
- Confidential Advisor
- Student Sports Center
- General Practitioner
- Wellbeing Course Platform
- Student Psychologist
- Confidential Contact Person (CCP)
- Join our community

**My wellbeing**

- My study skills
- Personal circumstances and study delay
- Help with academic writing or learning Dutch
- University and student life
- Career related questions
- Enrollment, tuition, other...
- Gaining practical experience
- Meeting friends
- Wellbeing events, life coaching, etc.

**My safety**

- My study progress, personal issues or other
- My social safety
- Safety within TU/e campus
- Safety outside TU/e campus
- Impartial advice and mediation
- I want to speak to someone confidentially
- Health and fitness
- My physical or mental health
- My wellbeing or personal development
- My study related mental health

**START**

I am concerned with...

- My studies
- My social life
- My wellbeing
- My safety

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