

# ALLERGENENKAART



Ask our staff															Vegan	Vegan optional
	Fish	Gluten	Soya	Egg	Milk	Crustaceans	Nuts	Molluscs	Peanuts	Sesame	Lupin	Celery	Mustard	Sulphite	Vegan	Vegan optional
<b>Quark</b>																
Apple & Granola		x			x											
Seasonal Fruits and Almonds					x		x									
<b>Soup</b>																
Soup of the House															x	
Chickpea & Tomato Meal Soup															x	
Bean & Bacon Meal Soup		x														
<b>Salads</b>																
Smoked Salmon Salad	x	x		x	x											
Caesar Salad		x		x	x								x			
Falafel Salad					x					x				x		x
<b>Sandwiches</b>																
Salmon Sandwich	x	x		x	x					x						
Brie Sandwich		x			x					x		x				
Classic 'Broodje Gezond'		x		x	x					x			x			
Falafel Sandwich		x			x					x						x
<b>Toast</b>																
Texas Toast		x			x					x						
Caprese Toast		x			x					x						
Classic Toast (Ham & Cheese)		x			x					x						

<b>Wrap</b>																		
Turkish Pizza		x		x	x								x					
<b>Snacks on Sandwich</b>																		
Sandwich with Frikandel		x	x	x	x													
Sandwich with Kroket		x	x															
<b>Snack Plates</b>																		
Quesadillas with Meat		x				x												
Quesadilla (vega)		x				x												
Nachos						x												x
Bitterballen		x	x			x												
Mini Frikandellen		x	x	x		x												
Mini Cheese Souffles		x			x	x												
Mini Springrolls		x								x								
Mini Samosas		x								x								
<b>Sauce</b>																		
Mayonnaise					x									x				
Ketchup													x					
Curry																		x
Mustard		x			x	x												x
Chili Sauce																		x
Garlic Sauce																		
Sriracha Sauce																		x
<b>Dinner</b>																		
Roasted Chicken Thighs Tandoori						x												x
Fish Plate	x					x	x			x								x
Roasted Mushroom Lasagne		x			x	x												
Weekly Dish	?																	