

# ALLERGENENKAART



Ask our staff															Vegan	Vegan optional
	Fish	Gluten	Soya	Egg	Milk	Crustaceans	Nuts	Molluscs	Peanuts	Sesame	Lupin	Celery	Mustard	Sulphite	Vegan	Vegan optional
<b>Quark</b>																
Apple & Granola		x			x											
Seasonal Fruits and Almonds					x		x									
<b>Soup</b>																
Soup of the House															x	
Chickpea & Tomato Meal Soup															x	
Portuguese Caldo Verde Soup																x
<b>Salads</b>																
Smoked Salmon Salad	x	x		x	x											
Caesar Salad		x		x	x								x			
Falafel Salad					x					x				x		x
<b>Sandwiches</b>																
Salmon Sandwich	x	x		x	x					x						
Brie Sandwich		x			x					x		x				
Classic 'Broodje Gezond'		x		x	x					x			x			
Falafel Sandwich		x			x					x						x
Tuna Sandwich		x		x	x					x						
<b>Wrap</b>																
Turkish Pizza		x		x	x								x			

<b>Toast</b>																	
Texas Toast		X			X				X								
Caprese Toast		X			X				X								
Classic Toast (Ham & Cheese)		X			X				X								
Melted Hot Tuna Toast		X		X	X				X								
<b>Snacks on Sandwich</b>																	
Sandwich with Frikandel		X	X	X	X												
Sandwich with Kroket		X	X														
<b>Snack Plates</b>																	
Turkish Bread With Homemade Spreads		X		X	X												
Chicken Gyoza		X	X						X								
Nachos					X												X
Bitterballen		X	X		X												
Mini Frikandellen		X	X	X	X												
Mini Cheese Souffles		X		X	X												
Mini Springrolls		X							X								X
Mini Samosas		X							X								X
<b>Sauce</b>																	
Mayonnaise				X													X
Ketchup													X				
Curry																	X
Mustard		X		X	X												X
Chili Sauce																	X
Garlic Sauce																	
Sriracha Sauce																	X
<b>Dinner</b>																	
Roasted Paprika Penne with Salmon		X		X													
Roasted Green Curry			X														
Roasted Mushroom Lasagne		X		X	X												
Weekly Dish	?																