

RESERVATION RULES

SSC FITNESS



You still have to make a reservation for fitness to workout in one of our indoor fitness areas.
No reservation = No workout.



A fitness block is 60 minutes, but you are allowed to stay a bit longer to finish your workout.



During your reservation it is allowed to switch between fitness 1&2 and fitness 3.



For the outdoor fitness playground no reservation is required. SSCE classes still have priority.



You can have a maximum of 3 outstanding reservations for the combination of Fitness 1&2 and Fitness 3. When a reservation is over, you can make a new reservation after 24hoo.