

# Prices Personal training

## *The different packages for Personal Training*

We offer three different types of packages which all include a free initial consultation. There is also the possibility to join with a friend/colleague, which will lower the costs with the special group rate.

<b>Try out Package – Free initial consultation plus 2 sessions</b>	
Costs for one person	€ 80,00
Costs for two persons	€ 100,00 / € 50,00 per person

<b>5-session Package- Free initial consultation plus 5 sessions</b>	
Costs for one person	€ 150,00
Costs for two persons	€ 200,00 / € 100,00 per person

<b>10-session Package- Free initial consultation plus 10 sessions</b>	
Costs for one person	€ 260,00
Costs for two persons	€ 320,00 / € 160,00