



SSC
Eindhoven



vitality week

11 - 15 March 2024

FRIDAY 15 MARCH

9h30 - 12h15 | Speedcoach Sessions

Employees only

11h00 - 11h50 | Pilates

12h15 - 15h15 | Food Advice

12h30 - 13h30 | Walkshop

For all TUE students & employees

Register via ssceindhoven.tue.nl

TU/e EINDHOVEN
UNIVERSITY OF
TECHNOLOGY