



SSC
Eindhoven

SSA 2023/2024

Student Sports Associations

Student Sports Centre Eindhoven

TU/e EINDHOVEN
UNIVERSITY OF
TECHNOLOGY

Student Sports Associations

Our student sports associations (SSAs) are the heart of Eindhoven student sports and the Student Sports Center (SSC). In cooperation with the Eindhoven Student Sports Federation (ESSF) and the SSC, our associations offer a wide range of training, competitions and activities; regardless of your passion, and level. Although participation in matches and competition is an important part of an SSA, you can also first become a training member to maintain your fitness level and get a taste of association life.

"I wanted to try something new, a whole new sport for me: athletics. Here I felt right at home. Asterix is an association where students are serious about sports and are social and fun off the track. With numerous activities, parties, and traveling to competitions together, a student sports club offers a very nice experience in addition to studying. You get to know students in a completely different way than you would at your studies or at a study association."

Marvin Arts – E.S.A.V. Asterix

Being part of an SSA is a perfect way to stay fit, learn new skills, meet other students and it provides a pleasant break while learning for exams and doing projects. SSAs are led and managed by students. So you can play your favorite sport and help your association flourish at the same time. With 37 associations ranging from team sports, adventure, water sports, martial arts, e-sports, and endurance sports, there is something for everyone. Get involved and make your time as a student in Eindhoven an unforgettable and valuable experience!

Become a member

Whether you want to try a new sport or continue with your favourite one, our SSAs always welcome you to make unforgettable moments together. Want to join? The most convenient way is to join a training session once and then register. Of course, you can also contact the club beforehand. Practically all associations allow you to become a member throughout the academic year. The majority of associations have beginners practices or introductory courses to welcome newcomers. Give it a shot!

"As a new student, I wanted to keep playing hockey. During the first training, I felt an immediate connection with my team. The girls were fun, the level of hockey was good, and after the training we went straight to the city for a drink (or ten). Sunday is now the best day of the week. First we play in a competition and then watch another game from the sidelines, eat together at the club, and end with a party."

Trudie Bosse – Bestuurslid E.S.H.V. Don Quishoot

The club = you

SSA's are for and by students. From the president to the ball boy, students perform all tasks themselves. Every year, the complete board changes, making way for a new group of students who want to gain valuable board experience for the future. Apart from board positions, an association also offers positions on numerous committees, such as for sponsorship, an (international) tournament, (digital) newsletter, parties, and a lustrum.

"Besides my studies, I was looking for distractions in sports and recreation. In this, Totelos offered the ideal balance. Besides indoor football, there are several activities every month: from drinks to tournaments. In my first year, I was immediately an active member and got to know the club very well. I felt so much at home at Totelos that I decided to join the board. In that year I learned a lot, but most of all I had a lot of fun and made friends for life. I already look back on this period with great joy!"

Nick de Boer, Voorzitter E.S.Z.V.V. Totelos

Leading your club is an unforgettable experience. You already make decisions during your student days that you thought were reserved for old wise gents and ladies in neat suits. You will challenge yourself, make friendships for life and develop new skills. So step forward from the crowd and take your chance to lead your SSA!

Be the best version of yourself!

The SSC supports an SSA with equipment, facilities and qualified trainers and coaches. Regardless of whether a team or athlete competes at regional or (inter) national level, the goal is always to improve yourself. Together with your team/clubmates and coaches, you will discover that you can reach a previously unthinkable level. Most associations participate in competitions organised by the

major sports federations, while a number of associations play in a student league. Over the years, our teams and athletes have won many regional, national and international championships, tournaments and awards.

“As a trainer, I have the privilege of working with students. Young driven people who want to improve themselves, have fun, be creative and seek connection with each other. Especially the connection they seek within the club, but also outside of it, is what characterizes them and inspires and motivates me as a trainer tremendously. An SSV is the place for personal and interpersonal development and as a trainer I am enormously proud to be able to make a modest contribution to this.”

Ramses Rongen – Verenigingsmanager en Trainer/Coach E.S.S.R.V. Quatsh

Eindhoven Student Sports Federation

ESSF is the student sports umbrella for Eindhoven. They represent all sports card holders, as well as the student sports associations in Eindhoven. They do the following, among other things:




- Give advice to the SSC on student related policies.
- Represent Eindhoven student sports to the municipality, TU/e and Fontys, as well as the rest of the student community.
- Provide a platform for student sports associations (SSAs) to connect and share knowledge.
- Connect students to sports through activities, such as the Van Lint Student Sport Week and Introduction Weeks.
- Provide SSAs with information and grants to enable student sports.



For more information about the Student Sports Associations you can contact the ESSF: mail@essf.nl

Contact: get social with us

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