

Honors Master Program

Information session February 22, 2024

Kathinka Rijk (Strategic Policy Officer Education) and Esther van der Ham (PLE teacher)

Welcome by the
Strategic Policy Officer of the
Honors Academy

Dr. Kathinka Rijk

**HONORS
ACADEMY**

TU/e

Honors in the Graduate School

- For motivated students who look for an additional challenge
- 20 credits 'on top of'
- Individual, self-initiated, tailor-made program

Set your own ambitious goals and achieve them.



Program

Honors Master Program	20 credits in total
Personal Leadership Experience	5 credits
Professional Development	15 credits

Schedule

Master year 1	Semester 1	Semester 2
Honors Master Program year 1	Personal Leadership Experience	Professional Development
Master year 2	Semester 3	Semester 4 - Graduation
Honors Master Program year 2	Professional Development	

Note: This is the ideal model, but other schedules are also possible. And if you start in March this schedule may be slightly different.

What we offer & what we expect from you

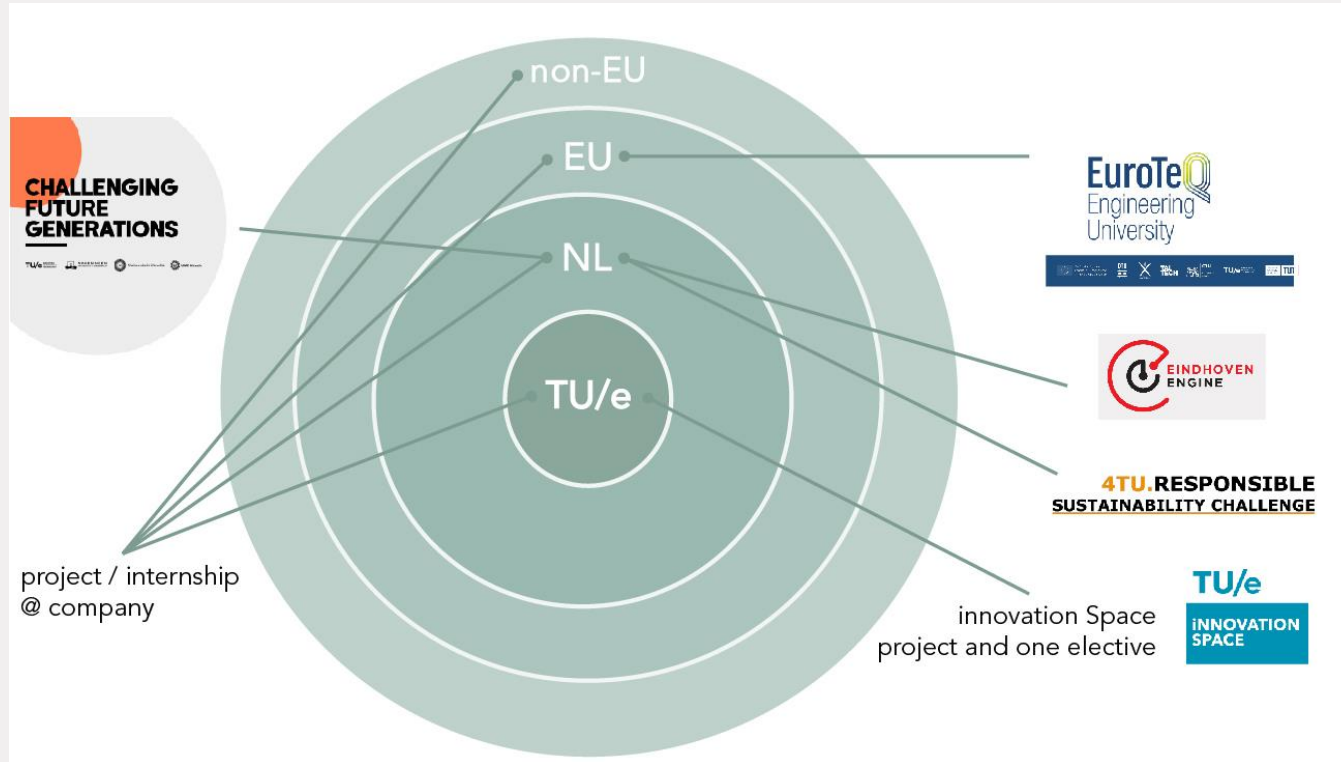
What do we offer?

- Interesting intensive workshops (Personal Leadership Experience)
- Freedom and support in your development and in shaping your program (but you are in the lead!)
- A nice, engaged and active community

What do we expect from you?

- To be present at certain meetings (Kick-off, PLE sessions, Eat, Share & Grow intervision sessions)
- To meet certain deadlines
- To keep us up-to-date about your Honors Master Program

Examples of Honors options – Professional Development



Note: there will be a separate Professional Development inspiration session after the third PLE workshop.

Application procedure

- Application letter and a tentative plan for Professional Development to GPD
Deadline March 1
- An interview with your GPD
March 4 – March 15
- Conditional admission
March 18
- Program starts on **March 21**

When you apply:
Save this date in your
agenda!



Honors Study Association: CONFLUENTE



Interested?

Check their website: www.hsaconfluente.nl
or email: info@hsaconfluente.nl

Personal Leadership Experience

By Esther van der Ham

“

“This is the best course that I had in university because it helped me to base my decisions, in every thing that I do, on love instead of fear.”

Boris Zwaan

Honors Master Alumnus
Master Chemical Engineering



Meetings	Topics	Skills/ results
Live your life joyfully	<ul style="list-style-type: none"> - What is Personal leadership? - What makes me shine? 	<ul style="list-style-type: none"> - Reflection - Self-awareness
Steering towards joy	<ul style="list-style-type: none"> - Focus on what you really want 	<ul style="list-style-type: none"> - Prioritizing - Decision making
Dancing in the rain	<ul style="list-style-type: none"> - Navigating the highs and lows of life. - Dealing with emotions: the power of thought. 	<ul style="list-style-type: none"> - Peace of mind - Personal courage
You've got talent!	<ul style="list-style-type: none"> - What are your talents? - How to use these to live joyfully 	<ul style="list-style-type: none"> - Self-awareness - Talent-development
Self-care	<ul style="list-style-type: none"> - How to be healthy & energized? - Being vs Doing 	<ul style="list-style-type: none"> - Work-life balance - Energy management
Your inner navigation	<ul style="list-style-type: none"> - Using your intuition & gut feeling - Applying your inner knowing 	<ul style="list-style-type: none"> - Presence - Authentic decision making
Let's shine together	<ul style="list-style-type: none"> - Dare to ask - Dare to connect & share your potential 	<ul style="list-style-type: none"> - Asking for help - Collaboration & win-win
Celebrate!	<ul style="list-style-type: none"> - Share your lessons learned & next steps 	<ul style="list-style-type: none"> - 1% rule - Inspire

Note: Professional Leadership Experience sessions (8) are always on Mondays

Testimonial by Honors Master student

By Milan Tresoor



More questions?

Join the online Q&A session:
February 26, 12.35-13.25h

See link to the Q&A on
the education guide.

Go for it!

Do you want more information?

- Website: tue.nl/honorsacademy
- E-mail: honorsacademy@tue.nl

And follow us on Social media!

- [LinkedIn](#)
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