Confidential Contact Persons (Peer Listeners)



Marit Hoogenboom

Study: Biomedical Engineering (Master, year 5)

Associations: ESVV Hajraa and the Hajraa Outdoor tournament.

About Marit: I love to play sports and also one of my hobbies is cooking. I am always

trying to help other people and care a lot, and hopefully I can now help a lot more people as being a contact point at TU/e.

Contact Marit



Maud Nuijten

Study: Master Innovation Management (Master, year 6)

Associations: Blue, B&R Beurs Eindhoven, Industria

About Maud: If you feel (upside) down don't hesitate to have a drink with me, I have

lots of experience in hanging upside down.

Contact Maud



Inge van Grinsven

Study: Psychology & Technology (Bachelor, year 2)

Associations: Intermate and Quadrivium

About Inge: I'm like a blanket, warm & soft:) I get a lot of energy from helping others, so when I heard of this project I

immediately wanted to join. This way, students can more easily access help for all sorts of questions or problems. Since covid, the wellbeing of students has dropped, and I hope this is one way to improve it!

Contact Inge



Mariska Jansen

Study: Medical sciences and Engineering (Bachelor, year 3)

Associations: SSRE, Footloose.

About Mariska: In my spare time I love to knit (mostly hats or socks) or to upcycle

damaged/old clothing and I have a cat named

Flip. I used to study psychology in Rotterdam. Hence the interest to become a contact person. I have decided to delay my studies by a year to be able to experience and learn things outside of my studies (e.g. student team, committees, work etc.). I hope to have given you some more insight about myself and you get the vibe that I would love to meet up and talk or chill if you would like to!

Contact Mariska



Dorina Bór

Study: Human-Technology Interaction (Master, year 2)

Associations: E.S.D.V. Footloose

About Dorina: Fun fact: never had a

bone broken! 😁

A little more seriously: I love people and I have been the "mental health support" person in my friend groups before. From my experience as a board member of Footloose, I find it exceptionally important to improve social safety and openness. Additionally, outside of my association, I have an international friend group, so I have first-hand experiences of the mental health problems internationals experience. I would like to be able to provide sufficient and informed help to the sweet people of this university!

Contact Dorina



Charlotte van Dongen

Study: Psychology & Technology (Bachelor, year 1)

Associations: Intermate, E.S.T. Fellenoord, student team InMotion, Departmental Council IE&IS

About Charlotte: Last year I struggled a lot with my study choice. I started studying Mechanical Engineering, but soon found out it was the wrong choice for me. After a lot of stress about switching studies, talks with both study advisors and fellow students, I started my current study Psychology & Technology, which I am liking so much more!

Contact Charlotte



Martijn Sips

Study: Data Science (Bachelor, year 2)

Associations: SSRE, D.S.A. Pattern, GEWIS

About Martijn: In my spare time I like to play sports (football, squash, running), but also be busy with various committees,

work, and hanging out with my friends. If you

need help with something or just want a listening ear, don't hesitate to contact me. I am glad to help you and remember that you are not out there on your own!

Contact Martijn



Thom de Moor

Study: Applied Physics (Bachelor, year 4)

Associations: a.s.v. SSRE, IMPACT, van der Waals

About Thom: I'm the type of student who spends more time on extracurricular

who spends more time on extracurricular activities than my actual study. In my spare time

I have a job, do committee work and exercise a lot (fitness, kickboxing and Japanese jujitsu). As a CCP I hope to offer a listening ear to anyone who needs it. I'm open to talk about anything at any time. So, don't hesitate to send a message!

Contact Thom

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Jurre Wolters

Study: Electrical Engineering (Bachelor, vear.3)

Associations: e.t.s.v. Thor, ESV Demos,

Aste

About Jurre: Fun fact: I'm in a promotional video of the TU/e, but not the

one for my study. Why I have become a contact point: I think being a listener is going a long way with helping student cope with the problems they are facing

Contact Jurre



Kayla Plada Sánchez

Study: Built environment (Bachelor, year 2)

Associations: Tantalus (Basketball) and Cheops

About Kayla: I became a contact person in order to support people when they are

going through a hard time. As an international student, I can also help other international students deal with living far from home and the pressure of adapting to a new culture.

Contact Kayla



Marloes van Driel

Study: Biomedical Engineering & Mechanical Engineering (Master, year 5)

Associations: E.S.V.V. Pusphaira

About Marloes: I think we can prevent mental health problems by talking more

about how we feel and I hoop to be able to help increase mental health within the communities of the TU/e.

Contact Marloes



Renske Lycklama à Nijeholt

Study: Psychology&Technology (Bachelor, year 2)

Associations: SSRE and Intermate

About Renske: Fun fact: I'm one of the creators of the mental health

podcast Mentalitijd :)

Contact Renske



Hannah van Egmond

Study: Applied Mathematics (Bachelor, vear 3)

Associations: GEWIS

About Hannah: Friends know me as someone who is always enthusiastic. And

so am I for being a confidential contact person!

I like helping other people and I think it is important that everyone feels free to share their struggles with someone. Also as a student mentor I have good conversations with other students.

Contact Hannah



Arjun Tyagi

Study: Built Environment (Bachelor, vear 5)

Associations: Cosmos, Chronos, Intermate, Hubble, Cheops, Hajraa

About Arjun: As an international student,

I have found myself comfortable around different communities at TU/e, many students find this difficult, Dutch or otherwise. I want to amongst other issues that I'd like to assist resolve, I want to help students find a sense of belonging, like I found. Just like a typical extrovert, I gain energy by social interactions, and I can

always make time for new interactions.

Contact Arjun



Janine van Buel

Study: Operational management and logistics of Industrial engineering and Innovation sciences (Master, year 1)

Associations: Hubble community café, S.P.V. Blue

About Janine: I love the quote of Dr. Wayne Dyer: 'When you change the way you look at things, the things you look at change.' He is an amazing motivational speaker and what he means with this quote is that: what we are looking at is not nearly as important as how we are looking at it. Our perception of the world is created by the way we interpret it, and therefore, our experiences in life are designed the way we expect them to be. If we want to change this, we should change the way we look at things. Easier said than done, but it did fix my interpretation and experiences in life in a relatively easy way. Let's start with always be humble and kind.

Contact Janine

Mandie Klessens

Study: Sustainable innovation (Bachelor, year 4)

Associations: Student association SSRE and Team SOLID

About Mandie: During my student time

I have come to realize the importance of having someone to listen to you. I hope to provide this for people who just need somebody to talk too.

Contact Mandie

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Ksenia Elinson

Study: Architecture, Urbanism and Building Science (Master, year 1)

Associations: Compass

About Ksenia: In my free time I like to draw, dance and spend time with my 2 cats. During my studies at TU/e I had

experience with being an international student, dealing with mental health issues and experiencing a study delay. I also joined Compass (LGBTQ+ foundation of TU/e) in my last year of bachelors, specifically Buddy System and Support Team to work towards everyone feeling welcome and accepted on campus. Therefore, I know about the different support systems within TU/e and feel that my experience can

Contact Ksenia



Rosanne de Feyter

Study: Industrial Design (Master, year 1)

Associations: Fellenoord, SSRE, Lucid

About Rosanne: I love helping others & giving tips or advice. Also, I am a great listener. I want to make people feel comfortable talking about their feelings,

especially if they are not doing well, because that shouldn't be a taboo. I am a very outspoken person myself, but admitting that I wanted to talk to a psychologist was a big step for me, so I can help others to make that step too! I will also be able to explain the options for and the process of talking to a professional, and how it helped me and might also help you!

Contact Rosanne



help other students.

Nuriye van Lamoen

Study: Applied Physics (bachelor, year 4)

Associations: Van der Waals and Doppio

About Nuriye: Currently, I'm one of Doppio's confidential contact points and that's a wonderful job to do. It's amazing

to experience how well you can help someone by

simply listening and guiding someone their way into acceptance or

Contact Nuriye



Pepijn Samuels

Study: Applied Physics (Bachelor, year 5)

Associations: Oktopus

About Pepijn: I am an optimistic person who likes to say that you can't have ups without downs, otherwise everything

would just be kinda flat and that's boring.

Contact Pepijn



Jan-Willem Melchers

Study: Built Environment (Bachelor,

year 5)

Associations: Demos, Cheops

About Jan-Willem: I enjoy reading,

cooking and helping people

Contact Jan-Willem

