

# ESA Group training sessions

QUARTILE 3, 06/02/2023 - 21/04/2023

## Study management - Group training

For more information about the courses, visit the [Education guide](#). If you know what course to follow, you can send an e-mail to [studymangement@tue.nl](mailto:studymangement@tue.nl). Please state which (online) training you want to apply for in the e-mail.

For tips and tricks about study management, you can also visit the following canvas page: [Study Management](#)

For personal appointments: [Study management advisor](#)

SFC01	<b>Graduation Group (Bachelor/Master)</b> Students who are in the final phase of their Bachelor's or Master's program, But need some support for the completion of their Bachelor's Final project (BEP) or graduation project. Visit <a href="#">this link</a> for more information.	<ul style="list-style-type: none"><li>• Monday</li><li>• Wednesday</li><li>• Thursday</li></ul>
SFC02	<b>Tackling Procrastination</b> Students who are eager to learn how to organize their studies and their social life around it. Also how to manage your time more consistently and efficiently. Visit <a href="#">this link</a> for more information.	<ul style="list-style-type: none"><li>• Thursday</li></ul>
SFC03	<b>Workgroup planning and setting goals</b> Students who have difficulties actually carrying out the tasks they intend to do. Visit <a href="#">this link</a> for more information	<ul style="list-style-type: none"><li>• Tuesday</li><li>• Wednesday</li><li>• Thursday</li></ul>
SFC05	<b>Approaching your studies</b> First or second-year students who do not yet know enough about how they should study and how they can approach studying independently. Visit <a href="#">this link</a> for more information.	TBD, starts when there are sufficient registrations!

### **New, walk sessions!**

From now on, you are also able to make a 'walk session' for your individual coaching meeting. During the walk session, the meeting takes place outside, while walking on campus. Visit [this link](#) to make an appointment.

### Other support:

[Academic advisor](#)  
[Student counsellor](#)  
[Student psychologists](#)  
[Study choice advisor](#)  
[TU/e career academy](#)