

Confidential Contact Persons (Peer Listeners)



Marit Hoogenboom

Study: Biomedical Engineering (Master, year 5)

Associations: ESVV Hajraa and the Hajraa Outdoor tournament.

About Marit: I love to play sports and also one of my hobbies is cooking. I am always trying to help other people and care a lot, and hopefully I can now help a lot more people as being a contact point at TU/e.

[Contact Marit](#)



Maud Nuijten

Study: Master Innovation Management (Master, year 6)

Associations: Blue, B&R Beurs Eindhoven, Industria

About Maud: If you feel (upside) down don't hesitate to have a drink with me, I have lots of experience in hanging upside down.

[Contact Maud](#)



Inge van Grinsven

Study: Psychology & Technology (Bachelor, year 2)

Associations: Intermate, Footloose and Quadrivium

About Inge: I'm like a blanket, warm & soft:) I get a lot of energy from helping others, so when I heard of this project I immediately wanted to join. This way, students can more easily access help for all sorts of questions or problems. Since covid, the wellbeing of students has dropped, and I hope this is one way to improve it!

[Contact Inge](#)



Mariska Jansen

Study: Medical sciences and Engineering (Bachelor, year 3)

Associations: SSRE, Footloose.

About Mariska: In my spare time I love to knit (mostly hats or socks) or to upcycle damaged/old clothing and I have a cat named Flip. I used to study psychology in Rotterdam. Hence the interest to become a contact person. I have decided to delay my studies by a year to be able to experience and learn things outside of my studies (e.g. student team, committees, work etc.). I hope to have given you some more insight about myself and you get the vibe that I would love to meet up and talk or chill if you would like to!

[Contact Mariska](#)



Dorina Bór

Study: Human-Technology Interaction (Master, year 2)

Associations: E.S.D.V. Footloose

About Dorina: Fun fact: never had a bone broken! 😊

A little more seriously: I love people and I have been the "mental health support" person in my friend groups before. From my experience as a board member of Footloose, I find it exceptionally important to improve social safety and openness. Additionally, outside of my association, I have an international friend group, so I have first-hand experiences of the mental health problems internationals experience. I would like to be able to provide sufficient and informed help to the sweet people of this university!

[Contact Dorina](#)



Nuriye van Lamoen

Study: Applied Physics (bachelor, year 4)

Associations: Van der Waals and Doppio

About Nuriye: Currently, I'm one of Doppio's confidential contact points and that's a wonderful job to do. It's amazing to experience how well you can help someone by simply listening and guiding someone their way into acceptance or salvation of their problem.

[Contact Nuriye](#)



Martijn Sips

Study: Data Science (Bachelor, year 2)

Associations: a.s.v. SSRE, D.S.A. Pattern, Thor, E.S.V.V. Pusphaira

About Martijn: In my spare time I like to play sports (football, squash, running), but also be busy with various committees, work, and hanging out with my friends. If you need help with something or just want a listening ear, don't hesitate to contact me. I am glad to help you and remember that you are not out there on your own! 😊

[Contact Martijn](#)



Thom de Moor

Study: Applied Physics (Bachelor, year 4)

Associations: a.s.v. SSRE, IMPACT, van der Waals

About Thom: I'm the type of student who spends more time on extracurricular activities than my actual study. In my spare time I have a job, do committee work and exercise a lot (fitness, kickboxing and Japanese jujitsu). As a CCP I hope to offer a listening ear to anyone who needs it. I'm open to talk about anything at any time. So, don't hesitate to send a message!

[Contact Thom](#)

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Jurre Wolters

Study: Electrical Engineering (Bachelor, year 3)

Associations: e.t.s.v. Thor, ESV Demos, Aster

About Jurre: Fun fact: I'm in a promotional video of the TU/e, but not the one for my study. Why I have become a contact point: I think being a listener is going a long way with helping student cope with the problems they are facing

[Contact Jurre](#)



Pepijn Samuels

Study: Applied Physics (Bachelor, year 5)

Associations: Oktopus

About Pepijn: I am an optimistic person who likes to say that you can't have ups without downs, otherwise everything would just be kinda flat and that's boring.

[Contact Pepijn](#)



Hannah van Egmond

Study: Applied Mathematics (Bachelor, year 3)

Associations: GEWIS

About Hannah: Friends know me as someone who is always enthusiastic. And so am I for being a confidential contact person! I like helping other people and I think it is important that everyone feels free to share their struggles with someone. Also as a student mentor I have good conversations with other students.

[Contact Hannah](#)



Janine van Buel

Study: Operational management and logistics of Industrial engineering and Innovation sciences (Master, year 1)

Associations: Hubble community café, S.P.V. Blue

About Janine: I love the quote of Dr. Wayne Dyer: 'When you change the way you look at things, the things you look at change.' He is an amazing motivational speaker and what he means with this quote is that: what we are looking at is not nearly as important as how we are looking at it. Our perception of the world is created by the way we interpret it, and therefore, our experiences in life are designed the way we expect them to be. If we want to change this, we should change the way we look at things. Easier said than done, but it did fix my interpretation and experiences in life in a relatively easy way. Let's start with always be humble and kind. 😊

[Contact Janine](#)



Charlotte van Dongen

Study: Psychology & Technology (Bachelor, year 3)

Associations: S.V. Interimate, E.S.S.V. Isis, E.S.T. Fellenoord

About Charlotte: Me? I am a busy person who somehow manages the combination of all my hobbies, friends, sports, and, of course, my studies. How do I do this? Well, it took some time to prioritize things and also make sure I knew when to take a step back from all the chaos. I am still learning this as I go! Since I understand how important it is to feel comfortable in order to lower your stress levels and enjoy your student life, I became a CCP. So, If you feel stressed about something, whether it is your courses, exams, study choice, or your life outside of the university, I am here to listen and help.

[Contact Charlotte](#)



Renske Lycklama à Nijeholt

Study: Psychology & Technology (Bachelor, year 2)

Associations: SSRE and Interimate

About Renske: Fun fact: I'm one of the creators of the mental health podcast Mentaltijd :)

[Contact Renske](#)



Arjun Tyagi

Study: Built Environment (Bachelor, year 5)

Associations: Cosmos, Chronos, Interimate, Hubble, Cheops, Hajraa

About Arjun: As an international student, I have found myself comfortable around different communities at TU/e, many students find this difficult, Dutch or otherwise. I want to amongst other issues that I'd like to assist resolve, I want to help students find a sense of belonging, like I found. Just like a typical extrovert, I gain energy by social interactions, and I can always make time for new interactions.

[Contact Arjun](#)



Mandie Klessens

Study: Sustainable innovation (Bachelor, year 4)

Associations: Student association SSRE and Team SOLID

About Mandie: During my student time I have come to realize the importance of having someone to listen to you. I hope to provide this for people who just need somebody to talk too.

[Contact Mandie](#)

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Ksenia Elinson

Study: Architecture, Urbanism and Building Science (Master, year 1)

Associations: Compass

About Ksenia: In my free time I like to draw, dance and spend time with my 2 cats. During my studies at TU/e I had experience with being an international student, dealing with mental health issues and experiencing a study delay. I also joined Compass (LGBTQ+ foundation of TU/e) in my last year of bachelors, specifically Buddy System and Support Team to work towards everyone feeling welcome and accepted on campus. Therefore, I know about the different support systems within TU/e and feel that my experience can help other students.

[Contact Ksenia](#)



Rosanne de Feyter

Study: Industrial Design (Master, year 1)

Associations: Fellenoord, SSRE

About Rosanne: I love helping others & giving tips or advice. Also, I am a great listener. I want to make people feel comfortable talking about their feelings, especially if they are not doing well, because that shouldn't be a taboo. I am a very outspoken person myself, but admitting that I wanted to talk to a psychologist was a big step for me, so I can help others to make that step too! I will also be able to explain the options for and the process of talking to a professional, and how it helped me and might also help you!

[Contact Rosanne](#)



Jan-Willem Melchers

Study: Built Environment (Bachelor, year 5)

Associations: Demos, Cheops

About Jan-Willem: I enjoy reading, cooking and helping people

[Contact Jan-Willem](#)

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